

## FACIALS

All facials are enhanced with Plabeau Plasma Device to stimulate cell renewal, boost oxygen levels, circulation and collagen production with powerful anti-bacterial and anti-viral properties.

Advance facials include the use of Rose Quartz Crystals to boost circulation and assists in combating de-hydrated skin.

### **Vino Balance Facial** **R650 | 60min**

We introduce the power of Vine Therapy and indigenous botanicals. Grapeseed oil, rich in antioxidants together with rose extracts, decongest and clear skin leaving it cleansed, rejuvenated and radiant.

### **Pure Radiance Garden Facial** **R650 | 60min**

Ylang Ylang essential oil in marriage with geranium from Bosjes Garden are mixed into an invigorating blend of sheer skin bliss. Excellent for dehydrated skin, needing a special boost to even out texture and combat aging.

### **Bosjes Facial** **R400 | 30min**

Introduction to our facial treatments – choose between the Vine- or Garden Therapy. Treatment includes cleansing, soothing mask and moisturising.

*Enhance your facial with our Hyaluronic Serum proven to improve pigmentation, skin elasticity and assist in the appearance of fine lines and wrinkles.*

**R100**

## HANDS AND FEET

Relax and immerse yourself with scents of citrus and sage, fresh from the orchard.

### **Bosjes Orchard Hand Therapy** **R360 | 60min**

Soak, scrub, massage and hydrating mask will leave your hands feeling invigorated. Includes a varnish of your choice.

### **Orchard Hand Treatment** **R250 | 30min**

A manicure that will leave your hands perfectly groomed, with a varnish of your choice.

### **Bosjes Orchard Feet Therapy** **R420 | 60min**

Celebrate your feet with this luxurious foot pampering. Your feet will be soaked, scrubbed, massaged and deeply nourished. Includes a nail varnish of your choice.

### **Orchard Feet Treatment**

**R290 | 30min**

A proper treat for your feet, focusing on perfect heels and cuticles. Includes a varnish of your choice.

### **MASSAGES**

#### **Body Rebalance Massage**

**R700 | 60min**

A blissful full body aromatherapy massage using our powerful antioxidant Pinotage VINO- Therapy oils tailored to your individual needs to leave you feeling glowing, relaxed and hydrated. Treatment is amplified with muscle-melt relaxing gel.

#### **Bosjes Orchard Therapeutic Massage**

**R700 | 60min**

Embark on a journey through our garden with our specially crafted indigenous botanical blend to transport you into a state of deep relaxation. This full body massage is a great way to improve circulation and fight exhaustion.

#### **Back, Neck and Shoulder Massage**

**R380 | 30min**

A firm massage using a combination of techniques and customised to suit your needs. Focusing on the upper-body for the ultimate release of tension.

#### **Bosjes Stargrass Signature Massage**

**R450 | 30min**

Unwind with our specialized massage, concentrating on the scalp, décolleté, neck and face, using signature stargrass balm.

#### **Leg Relief Massage**

**R240 | 30min**

For tired legs and aching muscles. Healing menthol gel will reduce swelling, relieve pressure and increase circulation.

### **ENHANCEMENTS**

#### **Orchard Exfoliation**

**R460 | 30min**

A popular treatment therapy with essential oils from the orchard that exfoliates and hydrates your skin, lifting dullness or dry areas and unveiling radiant smooth skin.

#### **Bosjes Orchard Head Massage**

**R200 | 15min**

Add a targeted relaxing scalp massage to your Spa visit.

## **BOSJES JOURNEYS**

### **Bosjes Cleansing and Detox Journey**

**R1200 | 120min**

Mongongo Nut has been scientifically proven to promote powerful detoxification of the body. Start your detox journey with a steam room session to release toxins, stimulate circulation and remove skin debris with a mongongo nut scrub. The steam room session is followed by a detox gel wrap, reflexology, shower and full body lymphatic massage.

### **Bosjes Well-Being Journey**

**R1320 | 120min**

A luxurious treatment to repair and heal skin on a deep cellular level. Your journey will start with a relaxing rasul session followed by a full body massage, incorporating Bosjes Orchard Balm together with Herbal Poultices to relieve tension, aches and pains and increase circulation.

Rose Quartz helps alleviate the appearance of puffiness and tired skin in an extravagant face massage improving your skin's elasticity, giving you a luminous glow.

## **HOT SPA FACILITIES**

### **Rasul**

**Exclusive R1200 | 30min**

**Shared R300 | 30min**

The rasul is a steam room which combines the health enhancing properties of mud, steam and exfoliation which leaves you relaxed and your skin nourished and cleansed.

This self-applied treatment takes place in a private chamber under the light of a thousand stars. To complete the journey, a rain shower will announce the end of your treatment.

### **Sauna**

**R200 | 20min**

Visit our sauna to relieve muscle aches and ease arthritis. Alternate heat with a cold open-air shower to improve circulation. The use of the sauna is complimentary with any other Spa treatment.

## **SPA DAYS**

### **Half-Day Visit**

**R1190**

Unwind and enjoy our hot spa facilities before or after your Orchard Hand-OR Feet Treatment, Bosjes Facial and a Back, Neck & Shoulder Massage.

### **Full-Day Visit**

**R1770**

Relax in our hot spa facilities before or after your Bosjes Orchard Hand-OR Feet Therapy, Advance Facial and a full body massage.